The Purpose of Celebrate Recovery

The purpose of Hope Lutheran Church's Celebrate Recovery is to fellowship and celebrate God's healing power in our lives through the 12 Steps and 8 Recovery Principles. This experience allows us to "be changed." We open the door by sharing our experiences, strengths and hopes with one another. In addition, we become willing to accept God's grace in solving our lives' problems.

By working and applying these Biblical principals, we begin to grow spiritually. We become free from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, serenity, joy, and most importantly, a stronger personal relationship with God and others.

As we progress through the program we discover for ourselves, the loving and forgiving Higher Power—Jesus Christ.

Our Leaders

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Prayer for Serenity

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and wisdom to know the difference.

Living one day at a time, enjoying one moment at a time; accepting hardship as a pathway to peace; taking, as Jesus did, this sinful world as it is; not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next.

AMEN.

-Reinhold Niebuhr

CELEBRATE RECOVERY

Every Thursday at 7 p.m.

YOU ARE NOT ALONE.

We live in a broken world that is full of temptations, hurts, and many opportunities to just "tune out". As a result, we all have been wronged, have responded wrongly to the wrong done to us and have created unhealthy ways for handling life. If you are trying to cover up pain in your life but it leads to more pain and emptiness, maybe it's time for you to consider a different path. Celebrate Recovery (CR) exists as a safe place to share and find help and freedom from our hurts, habits and hang ups. CR is where we come as we are, regardless of our struggles.

CR IS THE PLACE WHERE WE ALL BELONG...COME JOIN US!



Find more ways to connect at Hope www.hopeLCS.org 215-946-3467
Corner of Haines Rd. & Millcreek Pkwy 2600 Haines Rd. Levittown PA 19055

Twelve Steps and their Biblical comparisons

- 1. We admitted we were powerless over our addictions and compulsive behavior.

 That our lives had become unmanageable. "I know that nothing good lives in me that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out." Romans 7:18 NIV
- 2. Came to believe that a power greater than ourselves could restore us to sanity.

 "For it is God who is at work in you to will and act according to His good purpose." Philippians 2:13 NIV
- 3. Made a decision to turn our life and our will over to the care of God.

 "Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship." Romans 12:1 NIV
- 4. Made a searching and fearless moral inventory of ourselves.

 "Let us examine our ways and test them, and let us return to the Lord." Lamentations 3:40 NIV
- 5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs. "Therefore, confess your sins to each other, and pray for each other, so that you may be healed." James 5:16 NIV
- 6. Were entirely ready to have God remove all these defects of character.

 "Humble yourselves before the Lord, and He will lift you up." James 4:10 NIV
- 7. Humbly asked Him to remove all our shortcomings. "If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness." 1 John 1:9 NIV
- 8. Made a list of all persons we had harmed and became willing to make amends to them all. "Do to others as you would have them do to you." Luke 6:31 NIV
- 9. Made direct amends to such people whenever possible, except when to do so would injure them or others. "Therefore, if you are offering your gift at the altar and there remember that your brother had something against you, leave your offering there in front of the altar. First go and be reconciled to your brother, then come and offer your gift." Matthew 5:23-24 NIV
- 10. Continued to take personal inventory and when we were wrong, promptly admitted it. "So if you think you are standing firm, be careful that you don't fall!" 1 Corinthians 10:12 NIV
- 11. Sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out. "Let the Word of Christ dwell in you richly." Colossians 3:16a NIV
- 12. Having had a spiritual experience as the result of these steps, we tried to carry this message to others, and practice these principles in all our affairs.

"Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you may also be tempted." Galatians 6:1 NIV

The Road to Recovery 8 Recovery Principles

- Realize I'm not God, I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable. (Step 1)
- Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover. (Step 2)
- Consciously choose to commit all my life and will to Christ's care and control. (Step 3)
- Openly examine and confess my fault to God, to myself, and to another person whom I trust. (Steps 4 & 5)
- Voluntarily submit to any and all changes God wants to make in my life. (Steps 6 & 7)
- Evaluate all my relationships, offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, without expecting any reward. (Steps 8 & 9)
- Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and gain the power to do it. (Steps 10 & 11)
- Yield myself to be used by God to bring this Good News to others, both by my example and by my words. (Step 12)

WELCOME NEWCOMERS

You are invited to speak to any leader to have your questions answered about CR.

